



## **Caring For Your Mouth After Extraction**

- You may experience discomfort after initial treatment.
- Do not rinse my mouth for 24 hours after receiving extractions.
- To avoid irritation, please do not touch the extracted site.
- Some bleeding is expected. If this occurs, firmly place moist, sterile gauze- pad over the extracted site, and hold in place for 20 minutes. Please repeat, if necessary.
- Patient should avoid smoking, eating spicy foods, drinking hot liquids, and consuming alcoholic beverages for 24 hours period after extractions.
- If swelling occurs, Patient should put an ice-filled plastic bag against affected area for 5 minutes on and 10 minutes off for 1 hour. Swelling or bruising may start after the tooth has been removed, but is not necessarily cause for alarm.
- Patient should limit diet to soft, non-spicy foods for 24 hours after the extractions.
- The day after extractions, patient should softly rinse mouth after all meals with an eight-ounce glass of warm water mixed with a half- teaspoon of table salt. Please repeat for the next two or three days, if necessary.
- Please skip this step if you'd been medicated for hypertension.
- Patient may feel a hard, bony projection surrounding the roots of the teeth. This will generally break away or work itself out. On rare occasion, tooth fragments can become infected and must be removed. Please contact my dental office if I have any questions or concerns.
- If patient's prescribed medication, patient should take exactly as directed.

**Katherine K. Yi, D.D.S.**

302 Satellite Blvd. NE #216 Suwanee, GA 30024

(678)541-6020 phone (678)541-6023 fax

[mycompletesmile@gmail.com](mailto:mycompletesmile@gmail.com)